



Exciting news for your Medicare Retiree Plan in 2023!

Beginning January 1, 2023, you will have a new plan option – the new Blue Shield Medicare (PPO), a Group Medicare Advantage Prescription Drug plan (GMAPD). This new GMAPD plan will replace the Medicare Medical and Prescription Drug plans you currently have. It will continue to provide comprehensive medical and prescription drug coverage while keeping your out-of-pocket expenses low.

Blue Shield Medicare Plan Highlights:

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Access to the same network of doctors and other health care providers you use today that are either part of the Blue Shield network of doctors or accept Medicare.

- You can find the most recent list of the Blue Shield Medicare network providers here: **blueshieldca.com/fad**.
- Or you can locate a Medicare participating provider here: **medicare.gov/physiciancompare**.
- Defined copayment or coinsurance amounts for doctor and specialist visits, just like an
 HMO plan, but with PPO flexibility and freedom.
 - Access to out-of-network providers that accept Medicare nationwide.
 - Similar drug copays and coinsurance and a rich formulary.
- The same Benefits as before including but not limited to: Annual Physical Exam¹, and NurseHelp 24/7.
- Plan offers routine Chiropractic and Acupuncture services*.
- ••• Plan offers routine Vision exam and eye-wear allowance*.
- \bigcirc Plan offers routine Hearing exams and hearing aid allowance*.
 - Single Customer Care phone number for both your medical and pharmacy benefits.
 - A new **single** Blue Shield ID card which can be used whenever you get services covered by the plan and for prescription drugs you get at network pharmacies (You no longer need to carry multiple ID cards).
- * These are non-Medicare covered benefits.

What Action Do You Need to Take?

No action is required from you at this time. During open enrollment (September 19, 2022, through November 18, 2022), if you are a Medicare Retiree, you will need to complete Open Enrollment for yourself and your Dependents to select the 2023 Medicare Plan option you want, or you will be placed into the Medicare Retiree Plan most similar to your current Plan. Please read the entire Guide as it describes Retiree Plan changes that apply to Medicare Eligible Retirees and/or their Medicare Eligible Spouse/Domestic Partner. These changes will go into effect on January 1, 2023.

To complete Enrollment Steps (Open Enrollment), you must go online to **UFCWTrust.com** or call the Trust Fund Office (TFO) at **(800) 552-2400** between September 19 and November 18, 2022, to choose and/or update your benefit elections for coverage in 2023.

Questions?

If you have any questions, please contact the Trust Fund Office at (800) 552-2400.

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¹ Only one physical exam is covered per year.

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Blue Shield of California is an independent member of the Blue Shield Association.